

Establishing a solid foundation of obedience training is of utmost importance for both you and your furry companion. This training will enable you to manage and control your dog's behavior when he is excited and prevent him from reacting to other people or dogs. It is also recommended to teach him the "watch me" or "focus" command, which will help him understand when to focus his attention on you.

Encourage calm behavior in your dog by rewarding it.

Territorial dogs are often reactive and easily excitable. To help your dog learn to calm down, it's important to teach them an "off" switch. By doing so, you're giving your dog permission to relax and not feel the need to protect everything.

Teach your dog to lie down and stay in a specific spot in the house, such as a dog bed in the living room or next to your desk chair. Gradually increase the duration of the stay and add distractions to the training. Use positive reinforcement and help your dog do it right.

Keep Your Dog Active with Exercise

Consistent exercise is crucial for all dogs, especially territorial ones. When their bodies are well-exercised and tired, even territorial dogs are more likely to rest. Activities like fetch, jogging, biking, or swimming are all effective. Choose an exercise that suits you and your dog's preferences.

Mentally Stimulate Your Dog

Obedience training is important for territorial dogs, but mentally stimulating activities can also prevent trouble. Trick and sport training challenge the brain and improve learning abilities. Teaching your dog a sport like agility, flyball, or scenting games is fun and challenging. Advanced obedience skills, such as hand signals, also improve learning.

Ensure that territorial aggression is less likely to occur.

If your dog barks at trespassers, prevent the behavior by blocking their access to the spots and restricting their vision. Habits can form quickly, so it's important to make it difficult for your dog to continue the behavior by making changes to your home, yard, or habits.

To encourage repeat behavior, praise the actions that you wish to see more of.

It's not effective dog training to only yell at your dog for mistakes without praising them for good behavior. Yelling at your dog when they're reacting to a perceived threat is also counterproductive. Instead, interrupt unwanted behavior with your dog's leash and redirect their attention with training commands like "Leave it" and "Watch me."

It's important to help your dog behave well by praising and rewarding calm behavior, ignoring distractions and stopping barking when asked. While territorial behavior can be challenging to eliminate, it can be managed with consistency over time.

-Behavior modification techniques, including counter-conditioning and desensitization, may be used along with medication in certain territorial cases.